

Form IV

The All India Services (Performance Appraisal Report) Rules, 2007

PROFORMA FOR HEALTH CHECK UP FOR IFS OFFICERS

Date:

Name

Age

Sex: M/F

Brief clinical history, if any

A: Examination

Physical

Systemic

Investigations:

Haemogram

Hb%

TLC

DLC

Peripheral Smear

Blood Sugar

F

P.P

Lipid Profile

Total Cholesterol

HDL Cholesterol

LDL Cholesterol

VLDL Cholesterol

Triglyceride

Liver Function Test

Total Billirubin
Direct Billirubin
Indirect Billirubin
SGOT
SGPT
ALK Phosphatase

Kidney Function Test

Urea
Creatinine
Uric Acid
Electrolytes

Na+
K
Calcium
Inorganic
Phosphates

Cardiac Profile

CPK
CK-MB
LDH
SGOT

Urine

Routine
Sugar
Albumin

Microscopic

E.C.G.

X-ray Chest

Ultra Sound Abdomen

Any other Investigation

Advise

B:Medical Report of the Officer

1.	Haemoglobin level of the officer	Normal/ Low
2.	Blood Sugar level	Satisfactory/ Normal/ High/ Low
3.	Cholesterol level of the officer	Normal/ High/ Low
4.	Liver functioning	Satisfactory / normal/ dysfunctioning
5.	Kidney Status	Normal/Both-one kidney not functional optimally
6.	Cardiac Status	Normal / enlarged/blocked/ not normal

C: SUMMARY OF MEDICAL REPORT (ONLY COPY OF THIS PART IS TO BE ATTACHED TO PAR)

1.	Overall Health of the officer	
2.	Any other remarks based on the health medical check up of the officer	
3.	Health profile grading	

Date

Signature of Medical Authority
Designation